

Roll That Cup

When your baby is learning to crawl or can crawl, place her on the floor on her tummy, and, where she can reach it, place a toy or object that can roll.

A small ball, or an empty plastic water bottle or empty plastic drinking cup will work great. As she reaches for the object, it will roll out of her reach and she can crawl after it, reaching and batting and grabbing for it.

Your baby is learning to use her muscles to move, to reach, bat and grab.

